

**PRAY TOGETHER**

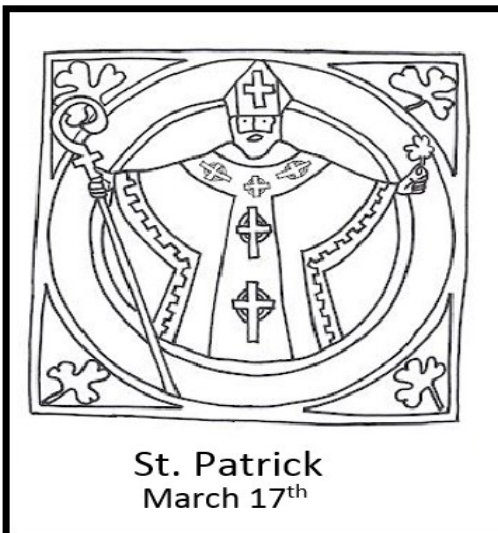
Lord, I am looking at my hands. Help me to see them as you do. When I am angry... make me calm. When I am frightened ... make me strong. When I am greedy... make me generous. When I am sad... make me happy. Lord, teach me to give myself to you each day. Amen.

Reconciliation is a wonderful way to turn away from sin and reunite yourself with Christ.

**STAY TOGETHER**

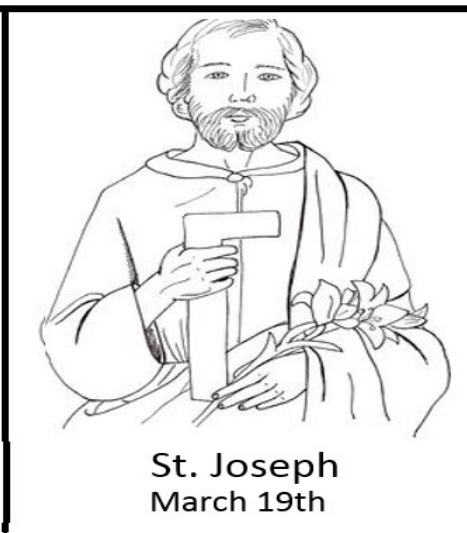
1. FIND A TIME when you and the family can pray together, and still have time for a meal together afterwards.
2. INVITE SOMEONE from the family to prepare to read the Hands prayer and the Scripture reading during the time of prayer.
3. PREPARE A PLACE FOR PRAYER – decorate the meal table with some flowers, and a lit candle.

God of mercy and compassion, be with us all as we prepare for Easter, as we prepare to celebrate the love that Jesus showed for us in his dying on the cross and in his rising to new and eternal life. Help us to trust, and not to fear. Help us to receive your mercy and to be helped to say sorry. Help us to rejoice in your everlasting love for us. We ask this through Christ our Lord. Amen.



**St. Patrick**  
March 17<sup>th</sup>

Dear St. Patrick, in your humility you called yourself a sinner, but you became a most successful missionary and prompted countless unbelievers to follow the Savior. Many of their descendants in turn spread the Good News in numerous foreign lands. Through your powerful intercession with God, obtain the missionaries we need to continue the work you began. Amen.



**St. Joseph**  
March 19<sup>th</sup>

Dear St. Joseph, who felt the tribulation and worry of a parent when the child Jesus was lost, protect our dear children for time and eternity. May you be their father and counselor. Let them, like Jesus, grow in age as well as in wisdom and grace before God and men. Preserve them from the corruption of his world, and give us the grace one day to be united with them in Heaven forever. Amen.

Choose a Lenten Sacrifice to Do As a Family.

**Attend Stations of the Cross** (especially one for children, if you have small children)

Make at least one of your meatless Friday meal together as a family.

This can be a great testimonial for younger children as you remember, together, one of the unique features of our Faith.